



THE NINETEENTH ANNUAL RED LOBDELL MEMORIAL REGATTA HONORING RED LOBDELL AND JACK GUYOL
Saturday, September 12th 2020

SAILING INSTRUCTION (REVISION 1)

1. **Organizing Authority.** This regatta is organized by the Stonington Harbor Yacht Club, 32 Water Street, 9 Stonington Commons, Stonington CT 06378.
2. **Eligibility.** This regatta is open to all PHRF rated boats 20 feet LOA or longer; all NEMA rated boats; and Ideal 18 One Design Class.
3. **Entry.**
 - 3.1. Entries, including payment and acceptance of the Liability Waiver by the skipper and each crew member, may be done online via [the online sign-up sheet](#) no later than September 11, 2020. The waiver form is also available at <https://shyc.us/racing> and needs to be signed only once per year. Competitors less than 18 years old must submit the form signed by a parent. Hard copies may be submitted to the Red Lobdell Regatta Chair, SHYC, 32 Water Street, 9 Stonington Commons, Stonington CT 06378.
 - 3.2. A valid PHRF-ECSA or NEMA (multihull) rating certificate is encouraged for each Race Circle 1 boat. However, don't let that stop any competitor from signing up! The SHYC RC can assist in preparing an acceptable "draft" rating for this race.
 - 3.3. **For this year only, all entry fees are waived due to the impacts of Corona Virus.**
4. **Race Circle and Class Assignments.** The Race Circles will be divided into classes as follows. Assigned classes will be shown on the Scratch Sheet available after 1800 hours September 11th and from the Committee boat on race day. The RC will make the final class determinations.
 - 4.1. **Race Circle 1: This is a PHRF/NEMA Race for sailboats 20 feet or longer. Scratch sheet will available at the Clubhouse after 1800 hrs. Sept. 11th, or by calling Race Committee on VHF 79 between 0930 and 1015 hrs. Sept. 12th. Warning Signal for the Start will be at 10.30 am.**
 - Class 1:** PHRF rated boats 20 feet LOA or longer, cruising canvas only, no spinnakers of any type.
 - Class 2:** NEMA rated multihull boats. Cruising canvas on, no spinnakers of any type.
 - NOTE:** No spinnakers or loose luff reachers may be used. Cruising canvas only must be used.
 - 4.2. **Race Circle 2:**
 - Class 3:** Ideal 18's – **First Start at 1:30 pm**
5. **General Provisions.**
 - 5.1. This regatta will be governed by *The Racing Rules of Sailing 2017-2020* and the prescriptions of The United States Sailing Association, as modified by the Sailing Instructions.
 - 5.2. Rules 44.1 and 44.2 are changed to a penalty of one turn.
 - 5.3. In the event of a conflict between this NOR and the SI, the SI will govern.
 - 5.4. Sail numbers or a vessel name will be displayed on all boats.
 - 5.5. All boats will carry VHF radios and will monitor VHF 79.
 - 5.6. Engines must be turned off at least 4 minutes before the start of a boat's class.
 - 5.7. Each boat will check in with the RC for its respective circle, by sailing under the committee boat's stern and announcing its intention to race. Please do not check in by radio.

- 5.7.1.1. Circle 1 boats will check in between 1000 and 1025 hours.
- 5.7.1.2. Circle 2 boats will check in before 1325 hours.
- 5.7.1.3. Any boat not finishing its race(s) by 1530 will be scored DNF. This changes RRS Rule 35.
- 5.8. Any boat abandoning a race should immediately notify the RC on VHF 79 or by hailing the signal boat or another RC boat.
- 5.9. If it becomes necessary to change these SI's, such changes will be announced to all affected classes over VHF 79 or by hailing boats prior to an affected class's start.
- 5.10. Individual recalls for being OCS will be indicated by display of Flag "X" and one horn regardless of the number of boats being recalled. The RC will attempt to hail boats OCS on VHF 79. Boats so recalled and failing to return and restart will be assessed a 20 minute penalty for Race Circle 1, and will drop 1 place in scoring for Race Circle 2. RRS 29.1 is modified accordingly. General Recalls will be signaled in accordance with RRS Rule 29.2.

6. Race Circle 1.

- 6.1. **This is a PHRF/NEMA Race:** Scratch sheet will be available at the Clubhouse after 1800 hrs. Sept. 11th, or by calling Race Committee on VHF 79 between 0930 and 1015 hrs. Sept. 12th.
- 6.2. The Starting Line for **Race Circle 1** will be adjacent to the G"3" Green Gong Buoy SW of the Middle Ground Harbor Breakwater. It will be between an orange flag on the RC Committee Boat and an inflatable buoy, in all cases racers leaving the inflatable buoy to port. If the race is shortened, it will be announced on VHF Channel 79.
- 6.3. Race Circle 1 will be started using the 5-minute sequence of RRS Rule 26, with the first warning expected to be at 1030. All Classes will start at their assigned time.

Time Until Start	Signal	Flag	Sound
5 minutes	Warning	Class Flag(s) Up	1 sound
4 minutes	Preparatory	"P" Flag Up	1 sound
1 minute	1 minute	"P" Flag down	1 long sound
0 minutes	Start	Class Flag Down	1 sound

- 6.4. The Finish Line will also be adjacent to the G"3" Gong Buoy.
- 6.5. Race Circle 1 will use Government Marks for course definition. It is expected that there will be one race, with the course expected to be 15 to 20 nm in length. The course will be identified before the start on the Committee Boat course board in order of rounding. Letters P and S indicate the preceding mark(s) are to be left to Port or Starboard. F indicates the finish line. Examples: "R N P F" indicates marks R and N, each left to port, and then to finish. "R F P Y S F" indicates marks R and F, each left to port, mark Y left to starboard, and then to finish.
- 6.6. Letter codes for each possible Government Mark:

Assigned letter	Nav. chart designation	Mark location
I/M		Inflatable mark
A	G"9"	Flashing Green Gong at Cerberus Shoal
N	RG"SP"	Red and Green Nun 0.15 nm south of Stonington Point
G	G"3"	Green Gong 0.35 nm SW of the Horn on Middle Ground Breakwater, the outer Stonington Breakwater
J	RW"L"	Mo(A) whistle Lord's Passage. (Boats must pass between Can "7" and N "2L" in Lord's Passage.)
B	R"6"	Flashing red bell at Napatree Point Ledge
Y	N"16"	Red Nun at southeast end of Eel Grass Ground

R	R"20"	Red Bell south of Ram Island Reef
E	"Fl 4 Sec"	Seaflower Reef, 1 nm south of Mumford Cove
M	C"1"	Green can at mouth of Mystic River
L	RB "DIR"	Red and black can at Intrepid Rock
C	RW "SE"	Red & white Whistle 0.1 nm west of Silver Eel Cove, Fishers Is.
F	R"4"	Red flasher and bell 1 nm south of Bartlett Reef
K	R"2"	Red Nun SW Race Pt Fishers Island
Q	R"2"	Red Gong N of North Hill on Fishers Island.

7. Race Circle 2.

- 7.1. The Starting/Finish Line for Race Circle 2 will be near the Stonington Harbor breakwater. It will be between an orange flag on the RC Committee Boat and an inflatable buoy, in all cases racers leaving the buoy to port. The RC boat will be anchored south of the breakwater. If any race is shortened, it will be done in accordance with RRS Rule 32. Be aware that the RC boat that starts any race may not be the same boat that is at the finish line. Any official RC boat will display a blue or yellow RC flag. The Finish Line will be between an orange flag on the RC boat and an inflatable buoy.
- 7.2. Race Circle 2 will be started using a 3-minute sequence in accordance with Appendix U to the RRS, with the first warning expected to be at 1330. The warning signal for each succeeding class shall be made after the starting signal of the preceding class; there will be no rolling starts.
- 7.3. Race Circle 2 will use inflatable yellow and orange tetrahedrons for course definition. There are expected to be multiple races.
- 7.4. The courses for Race Circle 2 will be displayed on the Committee Boat course board as follows:

W P S/F	Windward mark left to port then to finish
W L P S/F	Windward mark left to port then leeward mark left to port then to finish
W R L P S/F	Windward, reaching and leeward marks left to port, then to finish

- 7.5. S/F indicates the start and finish lines which will be the same unless the course is shortened. If the course is to be taken twice or three times around, the number two or three will appear as in this example: W L P 2 S/F. The RC may choose either a race with multiple roundings or several races once around. Watch your start signals as well as the course board.

8. Scoring and awards.

- 8.1. PHRF and NEMA rated boats competing in Race Circle 1 will be scored time on time, taking into account the boat's assigned rating.
- 8.2. Ideal 18 One Design boats sailing as a class in Race Circle 2 will be scored Low Point, RRS Appendix A.
- 8.3. First, second and third place awards for each class will be presented following the regatta on the SHYC "Bricks" at 1600.
- 8.4. The Red Lobdell Memorial Trophies will be awarded to the winners of the PHRF Cruising Canvas and NEMA classes.
- 8.5. **Protests:** Competitors are encouraged to settle their protests on the water.
- 8.6. Any boat failing to finish by 1530 hrs. will be scored DNF.

9. Dockage.

- 9.1. Very limited overnight dockage is available at SHYC. Reserve by emailing twalsh@shyc.us or calling (860) 535- 0112 ext. 1.

10. Additional Information

See the SHYC Website at www.shyc.us/racing or call the SHYC Clubhouse at (860) 535-0112. You may also contact RC Chair Kevin Bowdler (860-405-5434 or kevinbowdler@gmail.com) or RC Chair Wayne Buchanan (860-434-1560 or wrbuchanan@comcast.net).