

STONINGTON HARBOR  
YACHT CLUB

**LUNCH MENU**

**SOUP DU JOUR \$8 \***

**CAESAR SALAD \$12 \***

chopped hearts of romaine, grated Parmesan,  
croutons & Caesar dressing

**HOUSE SALAD \$12 \***

field greens, tomato, cucumber, carrots,  
kalamata olives & balsamic vinaigrette

**HARBOR BOWL DU JOUR \$15 \***

grains, greens, beans, veggies & dressing

**GRILLED ADDITIONS**

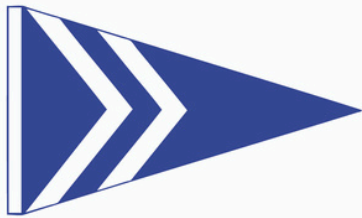
Bell & Evans free range chicken breast \$10

Faroe Island grilled salmon \$10

Angus beef steak \$10

Gulf shrimp \$10

- \* Indicates item can be prepared gluten-free
- Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions
- Menu items are subject to change



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YACHT CLUB**

**LEMONGRASS CHICKEN POTSTICKERS \$12**

**Served with Thai Sweet chili dip**

**SEARED AHI TUNA \$14 \***

**Asian slaw, wasabi-soy**

**DOUBLE DECKER TURKEY CLUB \$17**

**Roasted and Smoked Turkey on White or Wheat Bread**

**Herb Aioli, Sliced Tomato, Lettuce, and Bacon**

**Served with Hand Cut Fries**

**CLASSIC BLT \$14**

**Apple Wood Smoked Bacon, Lettuce, Tomato,**

**Mayo, with Grilled White or Wheat Bread**

**SHYC BEEF BURGER \$17**

**lettuce, tomato & onion on a pretzel bun.**

**Served with hand cut-fries**

**Add bacon (\$2)**

**DR. PRAGER'S VEGETABLE BURGER \$17**

**lettuce, tomato, & onion on a pretzel bun.**

**Served with hand-cut fries.**

**GRILLED OR CAJUN SPICED SALMON \$18**

**Pretzel Bun and Remoulade**

**Served with Hand-cut Fries**

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